

Alert! Daily Gem!



The ladies at @daily_gem were kind enough to send me some of their plant based vitamins.





They're made with coconut, chia seeds, quinoa, chlorella, pumpkin seeds, curry leaves, mushroom and other natural ingredients. They taste like peppermint! I just ate one prior to posting this story, so don't worry. If they were gross I wouldn't tell you about them!

The first real food
vitamin for womankind.



The benefit? Vitamins B6, B12, B5, D and K2.
Biotin, Omega-3, Iron, Marine Antioxidants, and
others that are all listed on their site.

**CLICK THROUGH TO
SEE WHAT'S IN THESE!**





DATES



SEA MINERALS



QUINOA



SPIRULINA



ASHWAGANDHA HERB



COCONUT



CHLORELLA



RED ALGAE



CURRY LEAVES



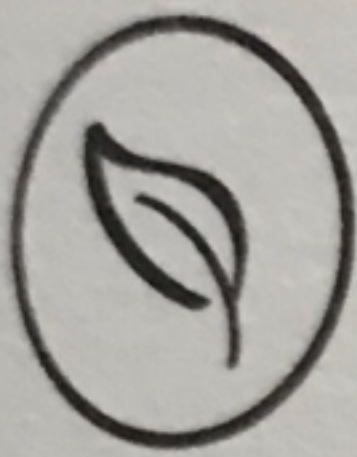
PUMPKIN SEEDS



CHICKPEAS



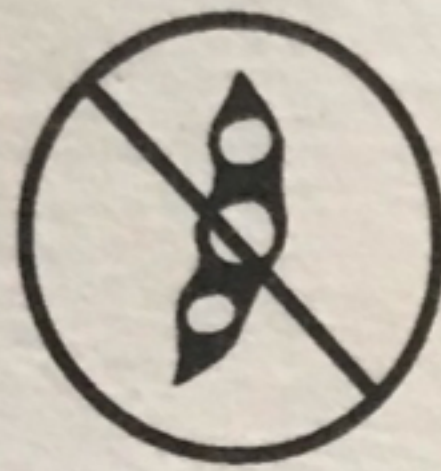
MUSHROOMS



Vegan



Gluten Free



Soy Free



Corn Free

REAL INGREDIENTS.

Chlorella
 Spirulina
 Astaxanthin
 Seawater
 Chickpeas
 Quinoa
 Date
 Coconut
 Chia Seeds
 Pumpkin Seeds
 Mushroom
 Ashwagandha
 Curry Leaves

REAL NUTRIENTS.

Thiamin
 Riboflavin
 Niacin
 Vitamin B6
 Folate
 Vitamin B12
 Biotin
 Vitamin B5
 Vitamin D
 Omega-3
 Magnesium
 Adaptogenic Superherb
 Marine Antioxidants
 Vitamin K2
 Iron



Suggested Use:
 Eat one bite daily



dailygem.co
 @daily_gem

Ingredients: Date Paste*, Shredded Coconut*, Pumpkin Seed Kernels*, Magnesium Hydroxide (from seawater), Black Chia Seeds*, Cracked Cell Chlorella (*Chlorella vulgaris*) Powder*, Spirulina (*Arthrospira platensis*) Powder*, Quinoa Sprouts germinated with B-vitamins (Vitamin B3 as niacin, Vitamin B5 as pantothenic acid, Vitamin B2 as riboflavin, Vitamin B6, Vitamin B1 as thiamin, Vitamin B7 as biotin, Vitamin B9 as folate, Vitamin B12)*, Ashwagandha (*Withania somnifera*) Root and Leaf Extract*, Pink Sea Salt, Orgen-1® Curry (*Murraya koenigii*) Leaf Extract*, Menaquinone (Vitamin K2 from chickpea fermentation), Mushroom Powder, Astaxanthin (from *Haematococcus pluvialis* algae).

*Organic

52mcg Vitamin K2

100mg of Omega-3

130mg of Ashwagandha

4mg of Astaxanthin

Consult a health care practitioner prior to use if you are pregnant or breastfeeding.

Manufactured for:

GEM Health Inc., Venice CA 90291

No refrigeration required.

Store in cool, dry place.



**WANT TO TRY? USE
KAITLIN25
FOR 25% OFF**

PS That's the biggest discount code I've ever gotten for you guys. Just sayin'



DAILYGEM.CO